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1234 East Main Street, Stamford CT 06902

Cocktail Parties (Sliders and Canapés)

Canapés require 48 hours

Choice of 8 canapés (\$25 per person) Choice of 12 canapés (\$35 per person)

Homemade hummus in flour filo

Lamb gyro pita bites

Minimum order (20 People)

Chicken kebab pita bites

Falafel pita bites

Spinach pies with cheese Spinach pies no cheese (plain)

Meat pies

Guacamole in thin crust biscuit.

Homemade bruschetta on french baguette.

Tzatziki on sliced cucumber

Beef kibbé balls

Vegetarian grape leaves

Crab cakes

Lobster spread on brioche

Angus burger on sesame brioche

Filet mignon and caramelized onion on brioche

French quiche Mini pizzas

Lump caviar on toast with lemon zest

Smoked salmon on wheat toast

Shrimp avocado dip

Prosciutto melon on french toast

Beef empanada Chicken empanada

Gourmet Sandwiches

Small platter includes 5 sandwiches/wraps of your choice and serves 5-7. \$ 40

Medium platter includes 8 sandwiches/wraps of your choice and serves 8-10. \$ 64

Large platter includes 12 sandwiches/wraps of your choice and serves 12-15. \$ 96

Breads: Whole-wheat wraps, fat-free pita wraps, gluten-free wraps and white or whole-wheat toast.

Veggie -- Hummus, lettuce, tomatoes, onion, kalamata olives, green pepper.

Hummus -- Hummus, lettuce and taboule salad.

Vegetarian Falafel -- Hummus, lettuce, tomatoes, tahini sauce.

Vegetarian Falafel Deluxe -- Hummus, taboule salad, tahini sauce.

Falafel Eggplant -- Hummus and taboule salad.

Eggplant Fresh Mozzarella -- Mesclun, roasted peppers with balsamic dressing.

Lamb Gyro -- Hummus, lettuce, tomatoes, onion, pickles and tzatziki sauce.

Chicken Gyro -- Hummus, lettuce, tomatoes, pickles and tzatziki sauce.

Chicken Kebab Souvlaki -- Hummus, lettuce, tomatoes, pickles and tzatziki sauce.

Chicken Kebab Deluxe -- Hummus and taboule salad.

Myrna's Chicken -- Garlic and pickles.

Greek Chicken -- Greek salad, feta and balsamic.

Grilled Chicken Caesar Wrap -- With Parmesan cheese and Caesar dressing.

Chicken Eggplant -- Hummus, taboule salad and tzatziki sauce.

Chicken Falafel -- Hummus, taboule salad and tahini sauce.

Beef Kafta Kebab -- Hummus, lettuce, tomatoes and tzatziki sauce.

Famous Beef Kafta Burger -- On kaiser roll with cole slaw, onion and tomato.

Ham -- American cheese, lettuce, tomatoes and mayo.

Turkey -- Avocado, bacon, lettuce, tomatoes, honey mustard.

Tuna Salad -- Lettuce and tomatoes.

Grilled Chicken Avocado -- Bacon, lettuce, tomatoes and mayo.

Grilled Chicken Mozzarella -- Spinach, roasted pepper and pesto sauce.

Grilled Chicken -- Mesclun, beet, gorgonzola cheese, balsamic dressing.

Popular Dip Platters

	Iray Serves	Half 8-10	Full 12-15	
Mediterranean Platter Hummus, baba ghannouj, tzatziki and pita chips.		\$35	\$65	
Trio Hummus Platter Hummus with garlic, hummus with roasted peppers and hummus with		\$45	\$70	
avocado served with Pita Chips.				
Myrna's Famous Dip Platter Hummus, guacamole, baba ghannouj, bruschetta		\$45	\$70	
tzatziki and pita chips.				
Vegetable Platter		\$30	\$60	

Fresh & Healthy Salads		
	Tray Hali Serves 8-1	
Mediterranean Salad Chopped romaine heart, cherry tomatoes, diced cucumber, shaved radish, red bell peppers and red onions, lemon vinaigrette.	\$2	5 \$45
Israeli Salad Sliced cherry tomatoes with diced English cucumber, shaved red onions, sprinkled with fresh parsley flakes in a fresh lemon-garlic dressing.	\$30	0 \$55
Greek Salad Fresh-cut romaine heart, cherry tomatoes, red onions, diced cucumber, scrambled feta cheese and kalamata olives with balsamic vinaigrette.	\$3 !	5 \$65
French Salad Organic fresh mesclun salad topped with thin-sliced hearty beet with sweet corn, drizzle of chopped scallion and aged blue cheese with balsamic vinaigrette.	\$3 !	5 \$65
Tuscan Salad* Handmade fresh mozzarella over organic mixed greens with slowly fire-roasted red peppers and cherry tomatoes with fresh basil-balsamic dressing.	\$3	5 \$65
Avocado Salad Sliced Hass avocado with hickory wood fire-smoked bacon on a bed of fresh romaine heart, diced English cucumber, cherry tomatoes and red bell pepper with homemade cilantro vinaigrette.	\$3	5 \$65
Kale Salad Finely chopped fresh kale with radicchio, walnuts, cherry tomatoes, shallot onion and diced cucun with fresh herb-mustard vinaigrette.	\$3 ! mber	5 \$55
Arugula Citrus Salad Zest of orange, grapefruit and lemon with chopped onion and black olives over organic arugula and a mist of orange blossom vinaigrette.	\$40	0 \$75
Apple Salad* Mesclun, sliced Granny Smith apple, fennel, roasted almonds and blue cheese with cherry vinaign	\$40	0 \$75
Chickpea Salad	\$40	0 \$75
Baby spinach, chickpeas, red beans, scallions, cherry tomatoes and cumin with apple cider vinaig Moroccan Salad Pearl couscous, red cabbage, mixed diced fresh vegetables, roasted almonds, dried raisins,	grette. \$3 !	5 \$75
feta cheese and fresh beets with house orange vinaigrette. Exotic Quinoa Salad Chopped mixed vegetables, scallions, avocado, pumpkin seeds, exotic dried fruits and organic	\$40	0 \$75
gluten-free quinoa, mixed with bell peppers and green squash and drizzled with extra virgin olive of Myrna's Quinoa Salad Organic baby spinach, cherry tomatoes, diced cucumber, red onion, feta cheese, sundried cranbe and kalamata olives with raspberry vinaigrette.	\$40	\$75

^{*}Requires 48-hours' notice

Homemade Hot Platters	Tray	Half	Full
Gluten-free Pasta Marinara In fresh tomato-basil sauce.	Serves	8-10 \$25	15-20 \$48
Penne or Linguine Arrabiata		\$25	\$48
With chicken or meatballs.		\$55	\$105
With shrimp.		\$70	\$135
Penne or Linguini in Pesto Sauce		\$25	\$48
With chicken or meatballs.		\$55	\$105
With shrimp. Fettuccini Alfredo with Chicken		\$70 \$55	\$135
Pappardelle Bolognese		\$55	\$105 \$105
apparache Bologhese			
Chicken Marsala		<i>Half</i> \$55	Full \$105
Mediterranean Chicken* Baked with rosemary, thyme and oregano, and served with garlic	_	\$70	\$105 \$135
mashed potatoes.	<i>'</i>	ΨΙΟ	Ψ100
Chicken Kebab Souvlaki Served over rice and grilled vegetables.		\$55	\$105
Chicken Kebab or Gyro Over vegetable pearl couscous.		\$55	\$105
Greek Lemon Chicken* Marinated chicken tender and Idaho potatoes in fresh lemon-garlic topped with fresh cilantro.	c sauce,	\$55	\$105
French Chicken Pan-seared chicken tenders, fresh peeled tomatoes, onion, garlic and cilan	itro	\$65	\$120
served with basmati rice.	110,	ΨΟΟ	Ψ120
			Full
Oven-backed Kibbé*			\$100
Stuffed grape leaves with beef*			\$120
Stuffed squash (zucchini)*			\$100
		Half	Full
Greek Keftados Ground Angus beef mixed with parsley and onions, and baked with potatoes in tomato-pomegra.	nate	\$60	\$115
sauce.	iiai c		
Beef Kafta Kebab		\$60	\$115
Served with rice and grilled vegetables.		¢400	¢0.40
Grilled Filet Mignon With roasted red bliss potatoes and grilled asparagus.		\$120	\$240
Beef Bourguignon		\$65	\$120
Slowly cooked Angus beef tips in red wine gravy sauce, together with baby carrots, pearl onions	,		·
potatoes and Herbes de Provence bouquet.			
		Half	Full
Lamb Gyro Over pearl vegetable couscous.		\$55 \$75	\$105
Lamb Kebab Souvlaki Served with rice and grilled vegetables. Grilled Lamb Chops Marinated with Mediterranean herbs and grilled to perfection. Served		\$75 \$120	\$145 \$140
over pearl couscous.		φ120	φ1 4 0
Pronzino Moditorronogno Personal with final laws and to the second second	40.0	Half	Full
Branzino Mediterraneano Pan-seared with fresh lemon and herbs, and served over asparand haricot vert.	ragus	\$120	\$240
Grilled Atlantic Salmon Over vegetable pearl couscous and sautéed spinach.		\$75	\$145
Teriyaki Alaskan Salmon Pan-seared diced sockeye salmon mixed with Peruvian vegetal	oles,	\$65	\$125
quinoa and old-fashioned teriyaki sauce.		¢400	CO 40
Myrna's Salmon Baked stuffed sockeye salmon with crab meat, drizzled with tomato dill and white wine.		\$120	\$240
Shrimp Kebab Over pearl couscous or vegetable quinoa.		\$75	\$145
Cod Fillet Italian Style Backed fresh fillet of cod topped with butter pesto sauce, over aioli		\$85	\$165
vegetable orzo pasta.		Φ0-	040=
Sole Fillet Basquaise Pan-seared fillet of sole with aromatic rosemary vegetable bouquet, with mashed potatoes.	served	\$85	\$165
Paella Simmered seafood, chorizo and chicken with rice in a saffron threads-flavored broth.			\$200
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Myrna's Catering

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			Ву	Shallow Tray	Half Tray
Hors d'Oeuvres/Appet	tizers	Served with Pita	Бу Pound	8-10	11ay 15-20
Hummus Plain, garlic, or spicy.			\$9	\$30	\$55
Hummus Roasted Peppers			\$10	\$32	\$60
Hummus with Avocado			\$12	\$35	\$65
Baba Ghannouj Plain, garlic, or spicy.			\$9	\$30	\$55
Taboule Salad			\$9	\$30	\$55
Taboule Quinoa Salad			\$10	\$35	\$65
Homemade Yogurt and Cucumbe	AP .		\$9	\$30	\$55
Greek Tzatziki	;I		\$10	\$35	\$60
Greek Feta Shankleesh			\$10	\$35 \$35	\$65
Labne Strained Cheese Spread			\$9	\$30	\$55
Crispy Cauliflower florets with Ta	hini Din		\$9	\$35	\$55 \$55
Myrna's Guacamole	קום וווווו		\$10	\$35 \$35	\$65
Myrna's Bruschetta Dip			\$10	\$35 \$35	\$65
Lentils with Rice and Caramelize	d Onion		•	\$30	
			\$9	•	\$55 ¢55
Fava Beans with Gillantia and Ta			\$9	\$30 \$30	\$55
Lima Beans with Cilantro and To			\$9 \$40	\$30 \$25	\$55
Myrna's Black Bean Dip with Cor	n and Avocado		\$10	\$35 \$50	\$65
Shrimp d'Azur				\$50	\$75
	Per Dozen			Half Pint	Bag
Vegetarian Grape Leaves	\$18	Tahini Dipping Sauce		\$4.00	
Vegetarian Falafel	\$15	Green Spicy Sauce		\$6.00	
Spinach Pie with Feta	\$18	Homade Garlic Dip		\$6.00	
Spinach Pie	\$18	Bruschetta Fall Dip		\$6.00	
Meat Pie	\$18	Fat-Free Pita Bag (6 Loave	es)		\$3.50
Beef Kibbe Balls	\$24	Pita Chips	,		\$4.00
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Sides	Half Tray 12-15		Half Tray 12-15
Grilled Vegetables	\$35	Crispy Cauliflower Florets	\$35
Garlic Mashed Potatoes	\$35	Rice with Vermicelli Noodles	\$25
Roasted Potatoes With herbs.	\$35	Brown Rice	\$30
Broccoli Florets In garlic wine sauce.	. \$30	Organic Quinoa	\$40
Broccoli Rabe In garlic and olive oil.	\$35	Vegetable Pearl Couscous	\$35

Desserts & Sweet Canapés

Beverages

Chocolate Chip Cookies Per person.	\$2.00	Soda Can	\$1.75
Assortment of Baklava Per person.	\$2.50	Poland Spring	\$1.75
Walnut and pistachio.		Vitamin Water	\$2.75
Pistachio Halva	\$2.00	Gatorade	\$2.50
Assortment of French Pastries	\$3.50	Snappple	\$2.50
Macaron	\$2.50	Orange or Apple Juice	\$2.50
Triple Chocolate Mousse Cake	\$3.00	Fresh Mint Lemonade	\$3.00
The Cheese Cake Factory	\$2.75	Fresh Iced Tea	\$2.50
Fresh Fruit Salad	\$3.75	1103111000 100	Ψ2.00