

# Phone 203.348.1400 Fax 203.348.1404 www.myrnaskitchen.com myrnasbistro@aol.com

1234 East Main Street, Stamford CT 06902

#### **Cocktail Parties (Sliders and Canapés)**

Canapés require 48 hours

Choice of 8 canapés (\$25 per person) Choice of 12 canapés (\$35 per person)

Homemade hummus in flour filo

Lamb gyro pita bites

Minimum order (20 People)

Chicken kebab pita bites

Falafel pita bites

Spinach pies with cheese Spinach pies no cheese (plain)

**Meat pies** 

Guacamole in thin crust biscuit.

Homemade bruschetta on french baguette.

Tzatziki on sliced cucumber

Beef kibbé balls

Vegetarian grape leaves

Crab cakes

Lobster spread on brioche

Angus burger on sesame brioche

Filet mignon and caramelized onion on brioche

French quiche Mini pizzas

Lump caviar on toast with lemon zest

Smoked salmon on wheat toast

Shrimp avocado dip

Prosciutto melon on french toast

Beef empanada Chicken empanada

#### **Gourmet Sandwiches**

Small platter includes 5 sandwiches/wraps of your choice and serves 5-7. \$ 40

Medium platter includes 8 sandwiches/wraps of your choice and serves 8-10. \$ 64

Large platter includes 12 sandwiches/wraps of your choice and serves 12-15. \$ 96

**Breads**: Whole-wheat wraps, fat-free pita wraps, gluten-free wraps and white or whole-wheat toast.

**Veggie** -- Hummus, lettuce, tomatoes, onion, kalamata olives, green pepper.

Hummus -- Hummus, lettuce and taboule salad.

**Vegetarian Falafel** -- Hummus, lettuce, tomatoes, tahini sauce.

Vegetarian Falafel Deluxe -- Hummus, taboule salad, tahini sauce.

Falafel Eggplant -- Hummus and taboule salad.

**Eggplant Fresh Mozzarella** -- Mesclun, roasted peppers with balsamic dressing.

Lamb Gyro -- Hummus, lettuce, tomatoes, onion, pickles and tzatziki sauce.

Chicken Gyro -- Hummus, lettuce, tomatoes, pickles and tzatziki sauce.

Chicken Kebab Souvlaki -- Hummus, lettuce, tomatoes, pickles and tzatziki sauce.

Chicken Kebab Deluxe -- Hummus and taboule salad.

Myrna's Chicken -- Garlic and pickles.

Greek Chicken -- Greek salad, feta and balsamic.

Grilled Chicken Caesar Wrap -- With Parmesan cheese and Caesar dressing.

**Chicken Eggplant** -- Hummus, taboule salad and tzatziki sauce.

Chicken Falafel -- Hummus, taboule salad and tahini sauce.

Beef Kafta Kebab -- Hummus, lettuce, tomatoes and tzatziki sauce.

Famous Beef Kafta Burger -- On kaiser roll with cole slaw, onion and tomato.

Ham -- American cheese, lettuce, tomatoes and mayo.

**Turkey** -- Avocado, bacon, lettuce, tomatoes, honey mustard.

Tuna Salad -- Lettuce and tomatoes.

**Grilled Chicken Avocado** -- Bacon, lettuce, tomatoes and mayo.

Grilled Chicken Mozzarella -- Spinach, roasted pepper and pesto sauce.

Grilled Chicken -- Mesclun, beet, gorgonzola cheese, balsamic dressing.

#### **Popular Dip Platters**

	Tray Serves	Half 8-10	Full 12-15	
Mediterranean Platter Hummus, baba ghannouj, tzatziki and pita chips.		\$35	\$65	
Trio Hummus Platter Hummus with garlic, hummus with roasted peppers and hummus with		\$45	\$70	
avocado served with Pita Chips.				
Myrna's Famous Dip Platter Hummus, guacamole, baba ghannouj, bruschetta tzatziki and pita chips.		\$45	\$70	
Vegetable Platter		\$30	\$60	

#### Fresh & Healthy Salade

Fresh & Healthy Salads		
	Tray Half Serves 8-10	Full 15-20
Mediterranean Salad	\$25	\$45
Chopped romaine heart, cherry tomatoes, diced cucumber, shaved radish, red bell peppers and red onions, lemon vinaigrette.	·	·
Israeli Salad	\$30	\$55
Sliced cherry tomatoes with diced English cucumber, shaved red onions, sprinkled with fresh parsley flakes in a fresh lemon-garlic dressing.		·
Greek Salad	\$35	\$65
Fresh-cut romaine heart, cherry tomatoes, red onions, diced cucumber, scrambled feta cheese ar kalamata olives with balsamic vinaigrette.	nd	·
French Salad	\$35	\$65
Organic fresh mesclun salad topped with thin-sliced hearty beet with sweet corn, drizzle of chopper scallion and aged blue cheese with balsamic vinaigrette.		
Tuscan Salad*	\$35	\$65
Handmade fresh mozzarella over organic mixed greens with slowly fire-roasted red peppers and cherry tomatoes with fresh basil-balsamic dressing.		
Avocado Salad	\$35	\$65
Sliced Hass avocado with hickory wood fire-smoked bacon on a bed of fresh romaine heart, diced English cucumber, cherry tomatoes and red bell pepper with homemade cilantro vinaigrette.		
Kale Salad	\$35	\$55
Finely chopped fresh kale with radicchio, walnuts, cherry tomatoes, shallot onion and diced cucur with fresh herb-mustard vinaigrette.		
Arugula Citrus Salad	\$40	\$75
Zest of orange, grapefruit and lemon with chopped onion and black olives over organic arugula and a mist of orange blossom vinaigrette.		
Apple Salad*	\$40	\$75
Mesclun, sliced Granny Smith apple, fennel, roasted almonds and blue cheese with cherry vinaigned Chickpea Salad	rette. <b>\$40</b>	\$75
Baby spinach, chickpeas, red beans, scallions, cherry tomatoes and cumin with apple cider vinaig		ΨΙΟ
Moroccan Salad	\$35	\$75
Pearl couscous, red cabbage, mixed diced fresh vegetables, roasted almonds, dried raisins,	ΨΟΟ	ΨΙΟ
feta cheese and fresh beets with house orange vinaigrette.		
Exotic Quinoa Salad	\$40	\$75
Chopped mixed vegetables, scallions, avocado, pumpkin seeds, exotic dried fruits and organic		-
gluten-free quinoa, mixed with bell peppers and green squash and drizzled with extra virgin olive		
Myrna's Quinoa Salad	\$40	\$75
Organic baby spinach, cherry tomatoes, diced cucumber, red onion, feta cheese, sundried cranbe and kalamata olives with raspberry vinaigrette.	erries	
and halamata on too man hope only thingrotto.		

<sup>\*</sup>Requires 48-hours' notice

		Half	Full
Gluten-free Pasta Marinara In fresh tomato-basil sauce.		3-10 <b>25</b>	15-20 <b>\$48</b>
Penne or Linguine Arrabiata		25	\$48
With chicken or meathalls		55	\$105
With shrimp. Penne or Linguini in Pesto Sauce With shicken or meathalls		70	\$135
Penne or Linguini in Pesto Sauce		25	\$48
With Chicken of Meatballs.		55	\$105
With shrimp. Fettuccini Alfredo with Chicken		70 55	\$135 \$105
Pappardelle Bolognese		55	\$105
Tuppurdene Bolognese	·		
Chicken Marsala	-	Half <b>55</b>	Full <b>\$105</b>
Mediterranean Chicken* Baked with rosemary, thyme and oregano, and served with garlic	•	70	\$105 \$135
mashed potatoes.	Ψ	70	ΨΙΟΟ
Chicken Kebab Souvlaki Served over rice and grilled vegetables.		55	\$105
Chicken Kebab or Gyro Over vegetable pearl couscous.		55	\$105
<b>Greek Lemon Chicken*</b> Marinated chicken tender and Idaho potatoes in fresh lemon-garlic s topped with fresh cilantro.	auce, \$	55	\$105
French Chicken Pan-seared chicken tenders, fresh peeled tomatoes, onion, garlic and cilantro	\$	65	\$120
served with basmati rice.	, Ψ		Ψ120
	_		Full
Oven-backed Kibbé* Stuffed grape leaves with beef* Stuffed squash (zucchini)*			\$100
Stuffed grape leaves with beef*			\$120
Stuffed squash (zucchini)*			\$100
		Half	Full
<b>Greek Keftados</b> Ground Angus beef mixed with parsley and onions, and baked with potatoes in tomato-pomegrana		60	\$115
sauce.	.6		
Beef Kafta Kebab	\$	60	\$115
Served with rice and grilled vegetables.	<b>*</b>	400	<b>CO 40</b>
Grilled Filet Mignon With roasted red bliss potatoes and grilled asparagus.	<b>Þ</b>	120	\$240
Beef Bourguignon	\$	65	\$120
Slowly cooked Angus beef tips in red wine gravy sauce, together with baby carrots, pearl onions,	·		
potatoes and Herbes de Provence bouquet.			
		Half	Full
Lamb Gyro Over pearl vegetable couscous.		55	\$105
Lamb Kebab Souvlaki Served with rice and grilled vegetables.  Grilled Lamb Chops Marinated with Mediterranean herbs and grilled to perfection. Served	•	75 120	\$145 \$140
over pearl couscous.	Ψ	120	φ 1 <del>4</del> 0
Dyanzina Maditayyanaana Daasaada W. Cash Laasaada ahaada ahaada ahaada		Half	Full
<b>Branzino Mediterraneano</b> Pan-seared with fresh lemon and herbs, and served over asparage and haricot vert.	jus 🍑	120	\$240
Grilled Atlantic Salmon Over vegetable pearl couscous and sautéed spinach.	\$	75	\$145
Teriyaki Alaskan Salmon Pan-seared diced sockeye salmon mixed with Peruvian vegetable		65	\$125
quinoa and old-fashioned teriyaki sauce.	¢	120	¢240
Myrna's Salmon Baked stuffed sockeye salmon with crab meat, drizzled with tomato dill and white wine.	<b>Þ</b>	120	\$240
Shrimp Kebab Over pearl couscous or vegetable quinoa.	\$	75	\$145
Cod Fillet Italian Style Backed fresh fillet of cod topped with butter pesto sauce, over aioli		85	\$165
vegetable orzo pasta.		0.5	<b>640</b> =
<b>Sole Fillet Basquaise</b> Pan-seared fillet of sole with aromatic rosemary vegetable bouquet, sewith mashed potatoes.	rved \$	85	\$165
Paella Simmered seafood, chorizo and chicken with rice in a saffron threads-flavored broth.			\$200
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## **Myrna's Catering**

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Hors d'Oeuvres/Appe	tizers	Served with Pita	By Pound	Tray 8-10	Tray 15-20
Hummus Plain, garlic, or spicy.			<b>\$9</b>	\$30	<b>\$55</b>
Hummus Roasted Peppers			\$10	<b>\$30</b>	\$60
Hummus with Avocado			\$12	\$3 <b>5</b>	\$65
Baba Ghannouj Plain, garlic, or spicy	,		\$9	<b>\$30</b>	\$55
Taboule Salad	•		\$9	\$30 \$30	\$55 \$55
Taboule Quinoa Salad			\$10	\$35	\$65
•	~~		\$10 \$9	\$30	\$55
Homemade Yogurt and Cucumbe Greek Tzatziki	er		ุจ <del>9</del> \$10	\$35	\$60
Greek Feta Shankleesh			\$10 \$10	<b>\$35</b>	•
			•	•	\$65 \$65
Labne Strained Cheese Spread	ahini Din		<b>\$9</b>	\$30	\$55 \$55
Crispy Cauliflower florets with T	anını טוס		\$9 \$40	\$35	\$55
Myrna's Guacamole			\$10	\$35	\$65
Myrna's Bruschetta Dip			\$10	\$35	\$65
Lentils with Rice and Caramelize			<b>\$9</b>	\$30	\$55
Fava Beans with Garlic, Lemon			<b>\$9</b>	\$30	\$55
Lima Beans with Cilantro and To			\$9	\$30	\$55
Myrna's Black Bean Dip with Co	rn and Avocado		\$10	\$35	\$65
Shrimp d'Azur				<b>\$50</b>	\$75
	Per Dozen			Half Pint	t Bag
Vegetarian Grape Leaves	\$18	Tahini Dipping Sauce		\$4.00	
Vegetarian Falafel	\$15	Green Spicy Sauce		\$6.00	
Spinach Pie with Feta	\$18	Homade Garlic Dip		\$6.00	
Spinach Pie	\$18	Bruschetta Fall Dip		\$6.00	
Meat Pie	\$18	Fat-Free Pita Bag (6 Loave	es)		\$3.50
Beef Kibbe Balls	\$24	Pita Chips	,		\$4.00
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Sides	Half Tray 12-15		Half Tray 12-15
Grilled Vegetables	\$35	Crispy Cauliflower Florets	\$35
<b>Garlic Mashed Potatoes</b>	\$35	Rice with Vermicelli Noodles	\$25
Roasted Potatoes With herbs.	\$35	Brown Rice	\$30
Broccoli Florets In garlic wine sauce.	\$30	Organic Quinoa	\$40
Broccoli Rabe In garlic and olive oil.	\$35	Vegetable Pearl Couscous	\$35

### **Desserts & Sweet Canapés**

#### **Beverages**

Chocolate Chip Cookies Per person. \$2.00	Soda Can	\$1.75
Assortment of Baklava Per person. \$2.50	Poland Spring	\$1.75
Walnut and pistachio.	Vitamin Water	\$2.75
Pistachio Halva \$2.00	Gatorade	\$2.50
Assortment of French Pastries \$3.50	Snappple	\$2.50
Macaron \$2.50	Orange or Apple Juice	\$2.50
Triple Chocolate Mousse Cake \$3.00	Fresh Mint Lemonade	\$3.00
The Cheese Cake Factory \$2.75	Fresh Iced Tea	\$2.50
Fresh Fruit Salad \$3.75	1 10311 1000 100	Ψ2.00